



DELTA PSYCHOLOGICAL GROUP
therapy, assessment and consultation

Life's challenges come in all kinds of packages. And finding a solution that is the perfect fit for one's individual and personal needs can sometimes be a challenge in itself. That is why Executive Directors Drs. Anthony Tanona and Nicole Davis White founded Delta Psychological Group on the notion that quality mental health services should be available to people with many different sources of stress. "I am proud of the group of professionals that we have gathered here at Delta," notes Dr. Davis White. "Dr. Tanona, our colleagues and I offer services that address a broad range of psychological issues, from depression and anxiety to family discord to coping with these challenging economic times."

Dr. Davis White, who primarily works with adolescents, families and adults who have family systems issues or criminal court involvement, also goes on to say that several Delta Psychological Group clinicians are members of a variety of insurance panels. "It is the overarching goal of the organization to provide needed services in an efficient and effective manner to anyone reaching out for help."

The Delta team also strives to offer psychological services that reflect the most current trends in the field. To that end, Delta Group provides comprehensive, evidence-based clinical services to the entire South Florida region. "Whether you are a parent needing help with your child, a couple looking to resolve some relationship issues or an adult seeking support for emotional struggles," says Dr. Tanona, "the staff at Delta Psychological Group has the breadth of skills and depth of commitment to be there for you in your time of need." Dr. Tanona speaks from experience, as he specializes in the treatment and assessment of children, adolescents, and adults with emotional and behavioral issues.

And not surprisingly, it appears that Delta Group is up to the challenges they have set for themselves. With highly credentialed clinicians boasting graduate and post-doctoral training from Nova Southeastern University, University of Miami, University of Denver and Widener University, Delta has a diverse staff that suits the needs of the surrounding community. "Our clinicians draw from culturally diverse backgrounds, and allow us to provide individual and family psychotherapy, psychological and psychoeducational assessments and forensic evaluations—all in English, Spanish,



Russian and Hebrew," says Dr. Tanona. In addition, says Dr. Tanona, Delta Psychological Group has mental health professionals who complete bariatric evaluations, psychoeducational testing for achievement, gifted, and learning disabilities, and who offer therapeutic services addressing concerns related to ADHD, academic problems, behavior management, conduct disorder, blended family issues, adoption, divorce/custody and eating disorders. The office is also open at convenient times, offering daytime, evening and weekend appointments to accommodate varying schedules.

So while we may not ever know what life will deliver, be assured that the team at Delta Psychological Group is working hard to meet the challenges that their clients face. Delta Psychological Group is located in the heart of Aventura at 2750 NE 185th Street, Suite 304, Aventura, Florida. To schedule a confidential appointment, a private phone consultation, or to obtain additional information, please call 305-933-5733 or visit deltapsychgroup.com.